Health Education (RSE) Statement:

Section 60B of the Education Standards Act 2001 requires schools to consult with the school community every two years about the content of the Health and Physical Education Curriculum. This legislation recognises that members of communities have many different views, beliefs and customs; and that these will impact on what people see as important and what they are comfortable with being taught to their children. This legislation acknowledges that people will have strong and perhaps polar opposite views about some aspects of the health curriculum. Therefore, schools are expected to ascertain the views of the school community regarding the way in which the health curriculum should be implemented.

The following is our statement about Health Education at Kaikōura Primary School based on our 2024 consultation:

Kaikōura Primary School will implement a programme of Health Education based on the New Zealand Curriculum and on te whare tapa wha and in keeping with our school vision of creating confident, connected, adventurous life-long learners. We incorporate the 7 key areas of learning: mental health, food and nutrition, body care and physical safety, physical activity, sports studies, outdoor education, and relationships and sexuality education which is taught in an age-appropriate manner.

The focus of the programme will be to give our students the knowledge, skills and attitudes to maintain and enhance their mana and well-being. Students will recognise social and societal influences on well-being and be given opportunities to take action to promote their own and others' well-being through our school values:

Whanaungatanga - working cooperatively with others and developing an understanding of healthy relationships and communities.
Ako - thinking critically about health-related situations and developing skills to make healthy life choices.
Manaakitanga - acknowledging the mana of others as having equal or greater importance than one's own, through the expression of hospitality, generosity and mutual respect.
Aroha - Considering how actions by self and others, as well as wider societal influences link to well-being.

In delivering Health Education, Kaikōura Primary School teachers will use a range of appropriate teaching strategies and contexts to engage students and enable development of the key competencies, while taking opportunities to integrate Health Education learning with other aspects of The New Zealand Curriculum. Units of learning will be regularly reviewed in order to ensure that our Health Education Programme is meeting the learning needs of our students and reflects best practice in Health Education.

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